

# Escola Básica e Secundária do Cadaval

Manga 2

Treinos

Practice

Euroindy 0,800 Km

07-06-2018 10:56

| Lap                   | Lap Tm          | Diff      | Time of Day  |
|-----------------------|-----------------|-----------|--------------|
| (74) Leonardo Ribeiro |                 |           |              |
| 1                     | <b>1:40.546</b> | +16.587   | 11:03:41.973 |
| 2                     | <b>1:41.023</b> | +17.064   | 11:05:22.996 |
| 3                     | <b>3:11.543</b> | +1:47.584 | 11:08:34.539 |
| 4                     | <b>1:26.990</b> | +3.031    | 11:10:01.529 |
| 5                     | <b>1:26.348</b> | +2.389    | 11:11:27.877 |
| 6                     | <b>1:23.959</b> | -         | 11:12:51.836 |

|                  |                 |         |              |
|------------------|-----------------|---------|--------------|
| (60) Diogo Romão |                 |         |              |
| 1                | <b>1:45.111</b> | +17.561 | 11:03:56.682 |
| 2                | <b>1:28.074</b> | +0.524  | 11:05:24.756 |
| 3                | <b>1:29.058</b> | +1.508  | 11:06:53.814 |
| 4                | <b>1:29.680</b> | +2.130  | 11:08:23.494 |
| 5                | <b>1:29.418</b> | +1.868  | 11:09:52.912 |
| 6                | <b>1:29.668</b> | +2.118  | 11:11:22.580 |
| 7                | <b>1:27.550</b> | -       | 11:12:50.130 |

|                    |                 |         |              |
|--------------------|-----------------|---------|--------------|
| (64) Renato Garcia |                 |         |              |
| 1                  | <b>1:46.127</b> | +14.774 | 11:03:56.543 |
| 2                  | <b>1:39.431</b> | +8.078  | 11:05:35.974 |
| 3                  | <b>1:49.064</b> | +17.711 | 11:07:25.038 |
| 4                  | <b>1:39.169</b> | +7.816  | 11:09:04.207 |
| 5                  | <b>1:35.220</b> | +3.867  | 11:10:39.427 |
| 6                  | <b>1:31.353</b> | -       | 11:12:10.780 |
| 7                  | <b>1:36.095</b> | +4.742  | 11:13:46.875 |

|                     |                 |         |              |
|---------------------|-----------------|---------|--------------|
| (66) Susana Batista |                 |         |              |
| 1                   | <b>1:40.349</b> | +5.689  | 11:03:47.146 |
| 2                   | <b>1:40.506</b> | +5.846  | 11:05:27.652 |
| 3                   | <b>1:47.156</b> | +12.496 | 11:07:14.808 |
| 4                   | <b>1:36.146</b> | +1.486  | 11:08:50.954 |
| 5                   | <b>1:36.272</b> | +1.612  | 11:10:27.226 |
| 6                   | <b>1:34.660</b> | -       | 11:12:01.886 |
| 7                   | <b>1:35.859</b> | +1.199  | 11:13:37.745 |

|                  |                 |         |              |
|------------------|-----------------|---------|--------------|
| (73) Luana Frade |                 |         |              |
| 1                | <b>1:53.749</b> | +14.863 | 11:04:10.872 |
| 2                | <b>1:44.214</b> | +5.328  | 11:05:55.086 |
| 3                | <b>1:42.621</b> | +3.735  | 11:07:37.707 |
| 4                | <b>1:39.896</b> | +1.010  | 11:09:17.603 |
| 5                | <b>1:38.886</b> | -       | 11:10:56.489 |
| 6                | <b>1:43.550</b> | +4.664  | 11:12:40.039 |

|                 |                 |         |              |
|-----------------|-----------------|---------|--------------|
| (62) Paulo Cruz |                 |         |              |
| 1               | <b>1:54.309</b> | +9.330  | 11:04:08.171 |
| 2               | <b>1:59.169</b> | +14.190 | 11:06:07.340 |
| 3               | <b>1:56.639</b> | +11.660 | 11:08:03.979 |
| 4               | <b>1:49.156</b> | +4.177  | 11:09:53.135 |
| 5               | <b>1:44.979</b> | -       | 11:11:38.114 |
| 6               | <b>1:50.077</b> | +5.098  | 11:13:28.191 |

|                  |                 |         |              |
|------------------|-----------------|---------|--------------|
| (72) Maria Alice |                 |         |              |
| 1                | <b>2:00.577</b> | +14.860 | 11:04:09.989 |
| 2                | <b>1:50.918</b> | +5.201  | 11:06:00.907 |
| 3                | <b>1:47.891</b> | +2.174  | 11:07:48.798 |
| 4                | <b>1:45.717</b> | -       | 11:09:34.515 |
| 5                | <b>1:48.572</b> | +2.855  | 11:11:23.087 |
| 6                | <b>1:45.872</b> | +0.155  | 11:13:08.959 |

|                       |                 |         |              |
|-----------------------|-----------------|---------|--------------|
| (67) Rafaela Jerónimo |                 |         |              |
| 1                     | <b>1:58.569</b> | +11.100 | 11:04:14.038 |
| 2                     | <b>2:05.594</b> | +18.125 | 11:06:19.632 |
| 3                     | <b>2:01.509</b> | +14.040 | 11:08:21.141 |
| 4                     | <b>1:47.469</b> | -       | 11:10:08.610 |
| 5                     | <b>1:59.587</b> | +12.118 | 11:12:08.197 |

| Lap | Lap Tm          | Diff   | Time of Day  |
|-----|-----------------|--------|--------------|
| 6   | <b>1:49.096</b> | +1.627 | 11:13:57.293 |

|                     |                 |         |              |
|---------------------|-----------------|---------|--------------|
| (65) Juliana Gaspar |                 |         |              |
| 1                   | <b>1:54.525</b> | +3.894  | 11:04:12.745 |
| 2                   | <b>2:08.056</b> | +17.425 | 11:06:20.801 |
| 3                   | <b>2:05.687</b> | +15.056 | 11:08:26.488 |
| 4                   | <b>2:04.741</b> | +14.110 | 11:10:31.229 |
| 5                   | <b>1:50.631</b> | -       | 11:12:21.860 |

|                             |                 |        |              |
|-----------------------------|-----------------|--------|--------------|
| (4) Gustavo Saramago (PROF) |                 |        |              |
| 1                           | <b>1:32.969</b> | +3.529 | 11:03:39.527 |
| 2                           | <b>1:29.440</b> | -      | 11:05:08.967 |
| 3                           | <b>1:30.067</b> | +0.627 | 11:06:39.034 |
| 4                           | <b>1:30.458</b> | +1.018 | 11:08:09.492 |
| 5                           | <b>1:31.024</b> | +1.584 | 11:09:40.516 |
| 6                           | <b>1:32.534</b> | +3.094 | 11:11:13.050 |
| 7                           | <b>1:32.324</b> | +2.884 | 11:12:45.374 |

| Lap | Lap Tm | Diff | Time of Day |
|-----|--------|------|-------------|
|-----|--------|------|-------------|